LUNCH TIME CARE POLICY

When your child stays for lunch the following is a guideline that will help you and your child.

1. Lunch Time Care is part of children’s entitled session times.
2. No extra fees are charged.
3. **CHILDREN WILL NEED A CLEARLY NAMED LUNCH BOX containing their lunch.** They will also need two pieces of named fruit, one for AM fruit time and the other for PM fruit time. **They also need a named water bottle.** Children are required to put their lunch time food box on the bench in the kitchen on arrival at preschool. Staff will place these in the refrigerator for safe storage. **Children are required to place their named AM and PM fruit in the appropriate baskets on the kitchen bench.**

4. Please pack food for lunch that your child can manage. Do not send foods that require heating or preparation by staff. Please adhere to our No Nuts policy. We strongly encourage healthy eating.

5. Children will be supervised and seated while they eat their lunch. Tables are set up all along the back verandah and the children’s lunch boxes are placed out ready for them.

6. To ensure all children drink during the day we provide them with a cup of water that they are required to drink before they start eating.

7. On completion of eating children will be provided with opportunity to have a rest/quiet time.

8. Children staying all day need to either bring sunscreen that they can manage themselves or use the SPF 30+ broad spectrum sunscreen that is supplied by the preschool for use at the staff’s discretion.

9. On Fridays children will only need to bring fruit for Fruit Time as they do not stay for lunch.
**LUNCH TIME ROUTINE**

1. A staff member places the children's lunch boxes in place settings around the tables under the verandah.
2. A staff member places a cup of water on the table at each place setting.
3. The children wash their hands and put their hats on.
4. The children find their lunchbox.
5. Children are required to drink their water and then eat their sandwich/salad/wrap type food first.
6. Once lunch is finished children are required to put their lunch boxes in their bags.
7. After lunch the children have a quiet/rest time until the afternoon session begins.
8. Staff are responsible for the care of your child.
9. Lunch time care is available on Mondays, Tuesdays, Wednesdays and Thursdays.
10. Please see staff if you require any further information.